

## After the procedure

Your recovery process will vary depending on the type of procedure performed and your doctor's practices. You may be taken to the recovery room for observation if your procedure was done in a procedure room or in the radiology department. Once your blood pressure, pulse, and breathing are stable and you are alert, you may be taken to a hospital room or discharged to your home.

You will be asked to rest quietly, lying on your right side, in order to apply pressure to the biopsy site for one to two hours. Depending on your condition and your doctor's preferences, you may be instructed to continue bedrest for an additional four to 24 hours.

A blood sample may be taken a few hours after the procedure to monitor possible internal blood loss.

If you are discharged home within a few hours after the procedure, you may be asked to continue bedrest for a specified period of time once you are at home.

Leave the bandage in place for as long as instructed (usually until the next day).

You will be instructed to avoid strenuous activity, such as heavy lifting (>15-20lbs) for several days up to a week or longer. You should not cough hard or strain for several hours after the procedure. Avoid blood-thinning medication for several days, and call with any concerning symptoms, including the ones below.

The biopsy site may be tender or sore for several days after the liver biopsy. Take a pain reliever for soreness as recommended by your doctor. Aspirin or certain other pain medications may increase the chance of bleeding. Be sure to take only recommended medications.

Notify your doctor to report any of the following:

- Fever and/or chills
- Redness, swelling, warmth, or bleeding or other drainage from the biopsy site
- Increased pain around the biopsy site or elsewhere (such as the shoulder)
- Shortness of breath and/or difficulty breathing
- Weakness, sweating
- Heart palpitations or chest pain
- Blood in your stool or black, tarry stool

You may resume your normal diet unless instructed differently.

Your doctor may give you additional or alternate instructions after the procedure, depending on your particular situation.

Sources: [www.hopkinsmedicine.org/healthlibrary/test.../liver\\_biopsy\\_92,P07696](http://www.hopkinsmedicine.org/healthlibrary/test.../liver_biopsy_92,P07696)

[www.uptodate.com/contents/liver-biopsy-beyond-the-basics](http://www.uptodate.com/contents/liver-biopsy-beyond-the-basics)