

3-SENTENCE HEALTH SUMMARY

AN EASY WAY TO DISCUSS HEALTH INFORMATION WITH YOUR TEAM AT EACH VISIT



SENTENCE 1: MY AGE, MY DIAGNOSIS, MY MEDICAL HISTORY

EXAMPLE: I AM 16 AND I HAVE ASTHMA. I HAVE BEEN HOSPITALIZED TWICE, BUT NOT IN THE LAST FIVE YEARS.

YOUR TURN:

SENTENCE 2: MY TREATMENT PLAN

EXAMPLE: I HAVE BEEN TAKING VENTOLIN AND FLOVENT SINCE I WAS 3.

YOUR TURN:

SENTENCE 3: MY QUESTIONS/CONCERNS TO TALK ABOUT DURING THE VISIT

EXAMPLE: I AM HERE TODAY BECAUSE I CAN'T RUN ANYMORE, I WHEEZE TOO MUCH AND CAN'T BREATHE

YOUR TURN:

