

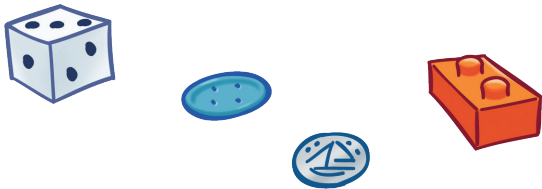
**3-6
MONTHS**

Rolling



CHOKING / SUFFOCATION HAZARDS

- Keep small objects out of reach.
- The baby's diet should mainly consist of breast milk or formula.
- Their first foods should be pureed or soft.



MENTAL HEALTH



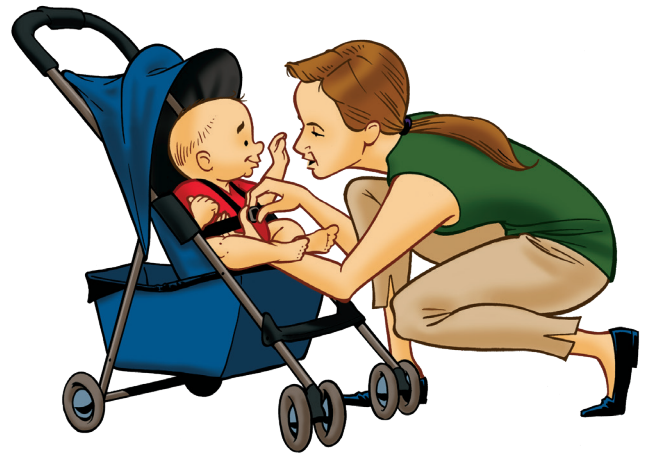
Recognize when you feel overwhelmed and need support.

REMINDER



FALLS

- Maintain constant hand contact with your baby on the changing table.
- Never leave a baby unattended on a sofa or a bed.
- Swings, high chairs, car seats, strollers and other sitting devices must be used with restraints.





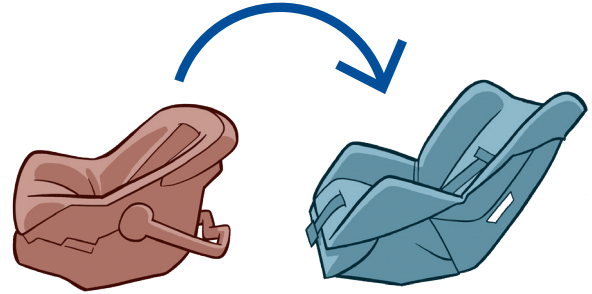
HOME SAFETY

- **Keep furniture away** from windows.
- Install gates in front of stairs .
- Cover all electrical outlets with safety covers.
- Secure the electrical cords from baby monitor at least 1 meter (3 feet) away from the crib.
- Never carry your child in your arms while cooking or carrying hot foods or drinks.
- Lower the crib to the middle level once they are attempting to sit.



CAR SEATS

- Once your baby outgrows a bucket seat, they will require a large sized rear facing seat.



REMINDER

BATH

- **Never place** a baby in the bath without checking the temperature of the water.
- **Never leave** a baby unattended in the bath even for a second.

