

# KITCHEN

- → Keep children away from hot surfaces such as stove tops, barbecue, heaters and fireplaces.
- → Place hot liquids, such as coffee tea and soups at the center of the table out of reach of children.
- → Keep all pot handles turned in while cooking.

### **REMINDER**

### **CHOKING**

→ Foods such as grapes, cherry tomatoes and hot dogs should be cut into small pieces and carrots and cheese should be grated

### **HOME SAFETY**

- → Install safety gates at the top and bottom of stairs.
- → Anchor furniture such as bookshelves, wall units and televisions to the wall.

### **REMINDER**

### **POISONING**

→ Remember to keep all poisonous substances, including cannabis, medications and cleaning products locked up out of sight and reach of young children.



Quebec poison hotline 1 800 463-5060







- Keep blind and drapery cords out of reach of children.
- If possible use blinds without cords.

### REMINDER

### **FALLS FROM WINDOWS**

- → Install window guards on all windows
- → Keep furniture away from windows.
- → Keep balcony doors locked.
- → Keep balcony furniture away from edges and always supervise children on balconies.



## **CAR SEAT REAR FACING**

→ Once your child has outgrown their infant car seat, they should remain rear facing in a larger child car seat.



### **REMINDER**

### **DROWNING**

- → Backyard pools must have no direct access from the house.
- → The backyard must be surrounded by a 4-sided locking fence.
- → Undistracted active supervision is essential near water (pool, bath and lakes). This means do not talk, read, use your phone or drink alcohol.