

Sitting and Crawling

POISONING

- → Keep all medication, vitamins, cosmetics, household cleaners and cannabis products locked and out of reach of children.
- ℅ If you suspect an ingestion, call the Quebec Poison Control Hotline: 1 800 463-5060



✓ FALLS

- → Install window guards on all windows.
- → Keep furniture away from the edges of balconies and windows.
- → Baby walkers are illegal in Canada. They are never recommended.

CHOKING

- → A baby's first foods should be pureed or soft.
- → Foods such as grapes, cherry tomatoes and hot dogs should be cut into small pieces and carrots and cheese should be grated.
- → Keep small toys out of reach of baby.

FALLS

→ Continue to use restraints in high chairs and strollers.



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REMINDER



Best Care for Traumatic Injuries

REMINDER

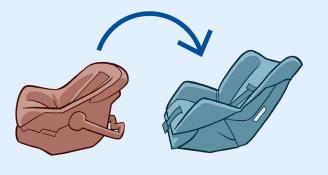
BATH

- → **Never leave** a child unattended in the bathtub.
- → Babies in bathseats must be supervised at all times.



CAR SEATS

→ Once your baby outgrows a bucket seat, they will require a large sized rear facing seat.



🛕 HOME SAFETY

- \rightarrow Lower the crib to its lowest level.
- → **Never place** hot liquids within reach of children.
- → Be aware of anything hanging off of counters or tables such as table cloths or electrical cords.
- → Anchor furniture such as bookshelves, wall units and televisions to the wall.
- → Small button batteries and small magnets pose serious hazard. If your child has swallowed either of these, go to a pediatric emergency centre **immediately**.



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REMINDER

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