

USUAL INTAKE

WHAT TO EXPECT?



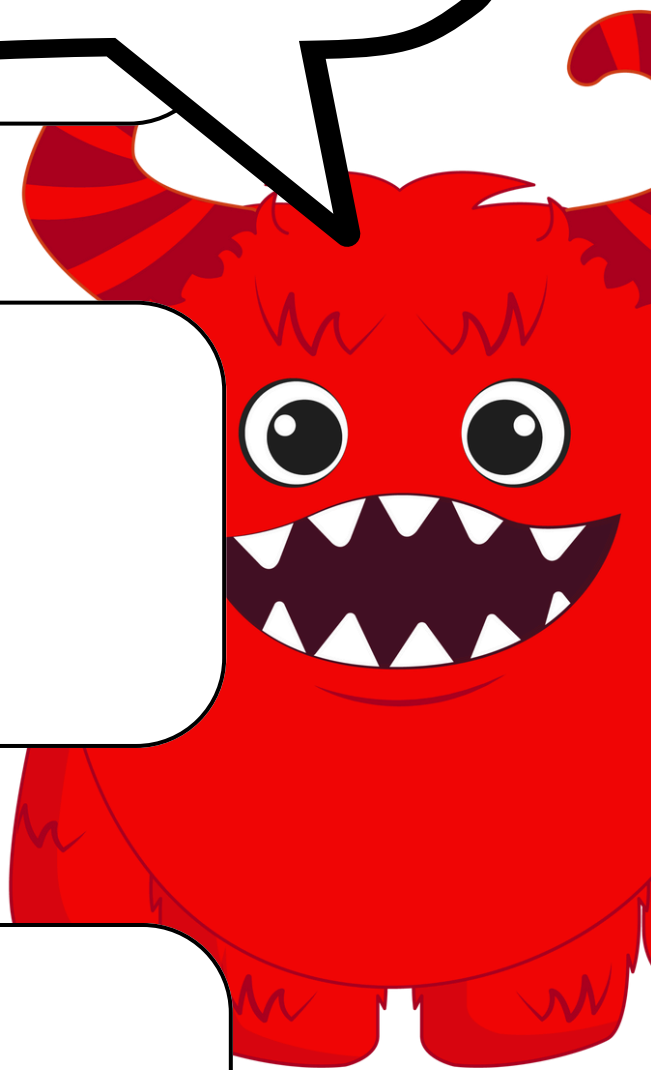
AT WHAT TIME?

BREAKFAST

AM SNACK

WHAT FOODS?

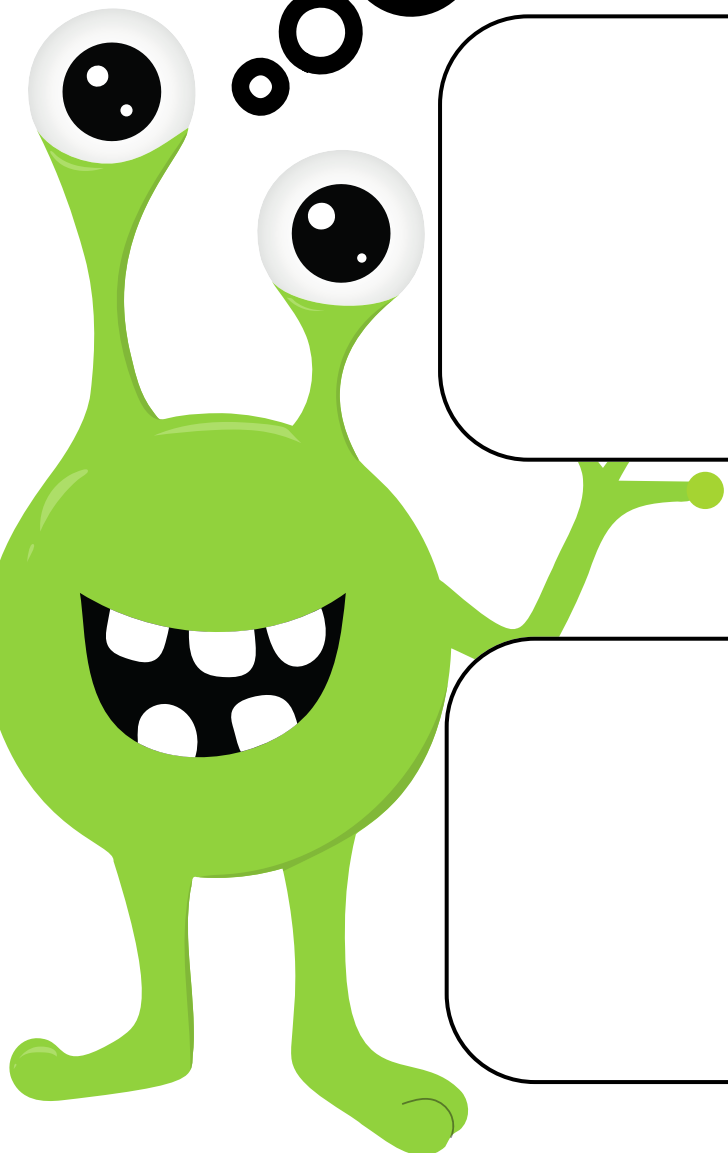
LUNCH



HOW MUCH?

PM SNACK

SUPPER



EVENING SNACK