

CHAT FOR PARENTS OR  
CAREGIVERS of children  
with complex pain



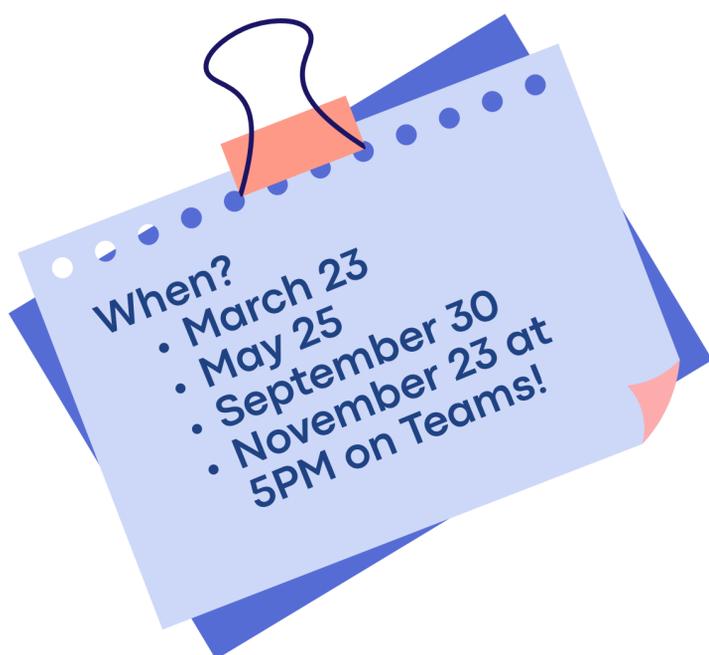
## Support & Comfort Chat

A supportive, compassionate space facilitated by a clinician, designed for parents of children or adolescents living with persistent pain.

This group is intended for families whose children have completed the Comfort Ability Program (CAP) and who are seeking ongoing support, shared understanding, and an opportunity to connect with other parents facing similar realities.

Through open discussions and a gentle structure, parents are invited to: Share the challenges, successes, and questions that arise at home: Explore coping strategies related to their child's experience and strengthen their own confidence and resilience as caregivers

Sessions are facilitated by one of our professionals to ensure a safe, respectful, and productive environment. Parents may participate actively or simply listen—both forms of participation are welcome.



**Register online now!**

